



## A Cup of Conversation

Pour a coffee, settle in —  
let's talk about the  
journey.

This guide is designed to help spark lively, heartfelt conversation — laughter absolutely included.

## From the Author

Thank you for choosing *The Reluctant Farmer* for your book club. This story holds some of my most joyful, chaotic, and transformative moments, and I'm honoured to share them with you. May these questions lead to wonderful conversations — and perhaps a few memories of your own life's detours.

Warmly, Cathryn

## To arrange a Q&A or virtual visit:

In Australia: 0478 641 186 or contact me through my website, [cathrynwellner.com](http://cathrynwellner.com)

## Discussion Questions

1. What surprised you most about Cathryn's learning curve as a reluctant farmer?
2. Did any animal moment make you laugh out loud or cringe in recognition?
3. How did the landscapes of British Columbia shape Cathryn's experience?
4. When in your own life have you felt you were "starting over"?
5. What role did community — or the lack of it — play in this story?
6. How did the challenges of rural life change Cathryn? How did they strengthen her?
7. Is there a moment in the book that you found especially moving?
8. What does "home" mean in the context of this memoir?
9. Which parts of Cathryn's personality did you see in yourself?
10. What's one "wild detour" you've taken that changed your life?
11. Did the book warm you toward the idea of farm life — or warn you off forever?
12. What will stay with you after closing the final page?

## Suggested Activities (just for fun)

- Bring a photo of a past “detour moment” in your life.
- Share a humorous “that wasn’t in the plan” story.
- Bring a favourite comfort food — inspired by rural living.
- Share a story of an animal you loved or loathed.

## Who is Cathryn Wellner

Cathryn Wellner is an author and storyteller whose life has taken her from American cities to Canadian backroads and now to the coast of Australia. She writes books filled with humour, heart, and the unexpected.

## Behind the Scenes

The first ewe she ever midwived arrived at in the middle of the night.

The camel incident really did happen.

The ranch renovation was far colder than the chapter admits.

Rural neighbours are sometimes born comedians.

## For Friends Who Want to Order

*The Reluctant Farmer* is available in print and digital formats. To order from your favourite bookstore or to encourage your local library to make the book available from the Ingram catalog:

Print 978-1-7642854-0-7

Digital 978-1-7642854-1-4

Available on Amazon in digital or print. Digital versions are also available on Apple, Nook, Google Play, and Kobo.

*Greetings from a few of the characters who romp through the pages of the book.*

